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Yala Peak Climbing

URL: <https://nepalbasecamptreks.com/trip/yala-peak-climbing/>

Trip Code

NBT 056

Destination

Nepal

Activity

Peak Climbing In Nepal

Start / End Point

Syabrubesi / Syabrubesi

Duration

15

Per Person From

USD 1,600

Region

Langtang Region Treks

Max. Altitude

5,732 m

Nature Of Trek

Tea House to Camping

Best Season

September, November, March, May

Activity Per Day

5-8hrs

Transportation

Express Bus or Jeep

Strenuous

Our "Strenuous" trips are ideal for experienced trekkers and adventurers in good physical shape, featuring challenging terrain, long hikes, significant elevation, and remote locations. Wilderness skills are beneficial.

Trip Highlights

Looking for your first Himalayan climbing adventure? Yala Peak Climbing offers the perfect introduction to mountaineering, combining spectacular mountain views, high-altitude trekking, and practical climbing experience. Set in Nepal's beautiful Langtang region, this rewarding journey is ideal for adventurers seeking a Himalayan summit without extreme technical challenges.

Trip Overview

Yala Peak Climbing & Climb leads you to overwhelming adventure around stunning **Langtang valley** where you will be surrounded with amphitheatre of snow-clad mountains with high rolling green hills.

This is purely an adventure for beginners and veteran climbers as practice climb and acclimatization before planning or joining other major mountaineering expeditions, as this is one of the shortest trip of two weeks, where you will be closest within Central Himalaya range of Langtang Himal trekking in Himalaya.

With years of experience leading Himalayan trekking and climbing adventures, our team focuses on safety, acclimatisation, and responsible mountain travel. Every Yala Peak Climbing expedition is carefully planned to provide professional guidance, proper preparation, and a rewarding experience for both beginner and experienced climbers.

Yala Peak Climbing stands at above 5,732 m and 18,806 ft high offers tremendous panorama of mountains, hills and valley one of the less technical trekking peak to climb where the grade is PD the grading taken from French and Swiss Alpine climbing system.

Although a non technical peak to climb, but climbers has to be in good medical and physical shape with fully equipped ice-axe, crampons are required as well fix ropes in some sections of the climb, where our expert Nepal Base Camp guide will lead and support you all the way to the summit top and bring you safely back.

Yala Peak Climbing a great introductory adventure for further advance mountaineering, this wonderful adventure leads you with an overland drive to reach at Rasuwa district around Langtang region, the home of Tamang native tribe of strong Tibetan influence in culture and Buddhist religion.

Walk leads you through enchanting forest covered with tall rhododendron and fir trees which is also the habitat of rare and elusive Red Panda and other wild-life, as the journey continues leaving the rich vegetation for arid and barren landscapes on a wide beautiful Langtang valley at Kyanjin Gompa with amazing views of snow peaks.

Adventure starts heading to the end of the valley for the climb on top of stunning Yala Peak Climbing after much rest, acclimatization and some practice, on feeling high with successful ascent heading back to Syabrubesi for the drive back to Kathmandu, where this great enjoyable and memorable adventure Yala Peak Trek & Climb concludes.

Yala Peak Climbing offers tremendous panorama of Ganesh Himal (7,405 m) Langtang Lirung (7,234 m), Ghengu Liru or Langtang II (6,571m / 21,560ft), Kimshun (6,745m) Shalbachum (6,918 m) to the south, includes Naya-Kanga (5,846m) Gangchempo, Tilman's beautiful Fluted Peak. It extends towards Jugal Himal, terminating at Dorje Lakpa (6,980m).

Why Choose Yala Peak Climbing?

Yala Peak Climbing is one of the most accessible climbing adventures in Nepal, making it an excellent option for those looking to gain Himalayan mountaineering experience. Located in the scenic Langtang region, the climb combines cultural exploration, high-altitude trekking, and rewarding summit views. The route passes through traditional Tamang communities, beautiful mountain valleys, and diverse natural environments before reaching the summit of Yala Peak.

Trip Itinerary

Day 1: Arrival in Kathmandu and transfer to hotel.

On reaching Kathmandu international airport via various respective airlines, our Nepal Base Camp Treks guide or staff will receive you with warm welcome and then a short drive to your hotel in the heart of Kathmandu city.

After checking in your hotel rooms and getting refreshed join at the hotel lobby for group briefing and orientation program where our guide informs you regarding hotels, Kathmandu, Nepali culture, Yala Peak Trek & Climb around Langtang with welcome dinner in a pleasant authentic Nepalese restaurant with culture program.

Highest Altitude:

1,327 m

Day 2: In Kathmandu with sightseeing tour and trek preparations.

In Kathmandu morning after breakfast and at given time our city guide will pick you up for sightseeing tour around places of interest around Kathmandu old part of the city, Kathmandu is famous for world heritage sites with tour of Pashupatinath a holy temple, Bouddhanath Stupa a Buddhist pilgrimage spot or tour of Kathmandu old Durbar (palace) Square and ancient 2,500 years old Swayambhunath, afternoon free for Langtang Valley and Yala Peak Trek & Climb preparation.

Day 3: Drive to Syabrubesi

Morning an exciting drive towards Rasuwa district to Langtang region as the ride leads towards high hills of with views of Himalayan peaks and rolling green hills, passing through many farm villages and towns to reach at a nice Tamang village at Syabrubesi after passing through Dhunche town, where Langtang National Park begins.

Syabrubesi located in the shadow of massive Central Himal of Ganesh and Langtang mountain range, a door to many treks to Langtang and Ganesh Himal area and as well route to Tibet border.

Trek Duration

7 Hours

Highest Altitude:

1,460 m

Day 4: Trek to Lama Hotel

Our first day walk of this adventure leads to a bridge over Langtang Khola (river) later joins Trisuli River downstream. From here with uphill climb through scattered farm villages and terraces, and into a cool shade of forest reaching at Riverside a small settlement with few simple lodges, where the path from Upper or Thulo Syabru meets, after a rest or lunch break trek continues with a climb through beautiful

forests of rhododendron, pines, bamboo tree lines, Langtang area is famous for rare and elusive Red Panda and other wildlife's, after a good day's walk reaching at Lama Hotel located in between forest surrounding and by the Langtang Khola.

Trek Duration

6 Hours

Highest Altitude:

2,350 m

Day 5: Trek to Langtang village via Ghoretabela

Morning walk leads higher into a river gorge within lovely woodlands of tall trees of pines, rhododendron and then following the river upstream past few houses and cattle herders shelters to reach cooler areas at Ghoretabela for lunch break, a nice spot with beautiful forest surrounding. From here 3 hours of good walk into forested area and then leaving the tree lines behind at Langtang village for overnight stop.

This is last permanent village before Kyanjin Gumpa around Langtang Valley, with time to explore this interesting Tamang and Bhotias people village of Tibetan origin with similar life style interwoven into Buddhist religion and culture.

Trek Duration

6 Hours

Highest Altitude:

3,307m

Day 6: Trek to Kyanjin Gumpa - 04 hrs.

After a wonderful stop in Langtang village, morning walk leads to our highlight and main destination at Kyanjin, heading on winding uphill trail and as the deep gorge opens up into a wide beautiful valley with amazing views of snow capped mountains that surrounds Langtang valley, the path encounters several prayer or mani walls and then reaching at Kyanjin Gomba for two nights stop around this lovely valley shadowed by array of peaks with Langtang Lirung glacier just near from the lodges, and a cheese processing factory established some 35 years ago with help and support of Swiss assistance.

Trek Duration

4 Hours

Highest Altitude:

3,749 m

Day 7: Rest day at Kyanjin for acclimatization and hikes.

A perfect spot for rest day to acclimatize at this high altitude with many places for short hike and climb like to the hill top of Tsego and Kyanjin ri at over 4,000 meters top for better panorama of surrounding mountains.

From view point hill overlooking at Langtang Himal, beyond which lies Tibet. The major peaks include Ghengu Liru (Langtang II 6571m / 21,560ft), Langtang Lirung (7,425m / 23,765ft) Kimshun (6,745m /

22,137ft) and Shalbachum (6,918m / 22,699ft) to the south, the Chimsedang Lekh forms a ridge of peaks which includes Naya-Kanga 5,846m and Gangchempo, Tilman's beautiful Fluted Peak.

Beyond it continues to the Jugal Himal, ending with Dorje Lakpa (6,980m / 22,929ft), extending further east on the upper meadows of the Langtang range ends in a huge and massive mountain wall, forming the border with Tibet

Day 8: Trek to Yala Peak Base Camp

Morning leads to our highlight and main goal of the adventure to Yala Peak located at the end of Langtang valley, walk leads along rocky glacier and then to a steep climb through an icy trail to reach a flat camping area at Yala Peak base around 4,400m.

From base camp outstanding views of Ganchenpo, Naya Kang, Tserko Ri, Yala peak and others peaks with overnight in the comfort of spacious tents on camping for few days.

Trek Duration

5 Hours

Highest Altitude:

4,400 m / 14,435 ft

Day 9: Trek & Climb to Yala Summit 5,732 m / 18,806 ft to base camp.

Starting early morning before dawn for the big climb of this adventure, climb leads on steep slope of rocks and ice to the top of the summit depending on weather conditions. This peak is less technical but it takes nearly eight hours to reach the summit and back to base camp.

Our expert guide will lead you with safety measures with fix ropes and making ledges on slippery sections, till the climb is achieved on top 5,732 m high of Yala Peak.

From the summit facing striking views of Shishapangma, Dorje Lakpa, Ganchenpo, Naya Kanga, Tserko Ri, Langtang Lirung and many other mountains within Tibetan side also, after a enjoyable and marvelous time on top descend back safely to base camp.

Highest Altitude:

5,732 m

Day 10: Reserve and contingency day in case of bad weather.

Nepal Base Camp Trek allows an extra day as contingency in case of bad weather conditions which might occur sometimes around Himalaya, if all goes well can be used on the way back on route Dhunche town, making short day walk along the way

Day 11: Return to Kyangin Gompa

Leaving Yala Peak base camp, trek to Kyanjin Gomba following the icy trail that steeply descends offering marvelous views of massif Himalaya, enjoying the rhododendron forests and cross the Langtang River gently ascend to reach at Kyangjn Gompa.

Trek Duration

5 Hours

Day 12: Trek back to Lama Hotel 2, 350m

Catching the morning and last view of this beautiful area with high snow capped mountains, walk leads downhill to Lama Hotel using the same route with few short ups in between the walks

Trek Duration

7 Hours

Day 13: Trek to Syabrubesi

After a great superb time around Yala Peak Climb and Langtang valley, our last day walk of this fabulous trip leads downhill most of the way to reach the bridge above Bhote-Kosi (Upper Trisuli River) and then a pleasant walk back to Syabrubesi village.

Trek Duration

06 Hours

Day 14: Drive back to Kathmandu

Trek Duration

6 Hours

Day 15: Final International departure homeward bound.

Last day in Nepal with awesome time in the high hills around Langtang Valley with Yala Peak Climbing, our staff will transfer you to Kathmandu international airport for your final flight back homeward bound or to respective countries.

Group Discounts Available

No. of Persons	Price per Person
1+	USD 1,600

Trip Information

Is Yala Peak Climbing Suitable For Beginners?

Yes. Yala Peak Climbing is widely regarded as one of the best beginner-friendly climbing adventures in Nepal. While good physical fitness and basic preparation are important, the peak requires relatively limited technical climbing experience compared to many Himalayan summits. This makes it an excellent choice for trekkers looking to take their first step into mountaineering.

Benefits of Yala Peak Climbing

Choosing Yala Peak Climbing offers several rewarding experiences beyond reaching the summit:

- Gain practical mountaineering experience in the Himalayas.
- Enjoy panoramic views of Langtang Lirung, Ganesh Himal, and Shishapangma.
- Experience the unique culture and traditions of the Langtang region.
- Develop confidence for future climbing and trekking adventures.
- Explore one of Nepal’s most scenic mountain valleys.
- Learn basic climbing techniques under professional supervision.

Who Should Consider Yala Peak Climbing?

Yala Peak Climbing is ideal for adventure travellers seeking an introduction to Himalayan mountaineering. It is particularly suitable for trekkers who want to progress beyond traditional trekking and experience a summit climb in a supportive environment.

This adventure is recommended for:

- First-time climbers.
- Trekkers interested in mountaineering.
- Outdoor enthusiasts seeking high-altitude experiences.
- Adventure travellers looking for a Himalayan summit.
- Individuals preparing for more advanced climbing objectives in the future.

Frequently Asked Questions

Frequently Asked Questions About Yala Peak Climbing

What is the best time for Yala Peak Climbing?

The best seasons for Yala Peak Climbing are spring (March to May) and autumn (September to November). These periods generally provide stable weather, clearer mountain views, and favourable climbing conditions.

How difficult is Yala Peak Climbing?

Yala Peak Climbing is considered one of Nepal's easier climbing peaks. Although the climb involves high altitude and basic mountaineering equipment, it is less technical than many other Himalayan peaks, making it suitable for beginners with good fitness levels.

How long does Yala Peak Climbing take?

Most Yala Peak Climbing itineraries take between 12 and 15 days, including trekking, acclimatisation, summit attempts, and travel to and from Kathmandu.

Is Yala Peak Climbing worth it?

Absolutely. Yala Peak Climbing offers a unique combination of mountain adventure, cultural experiences, and stunning Himalayan views. For many climbers, it serves as the perfect introduction to Himalayan mountaineering while providing a memorable summit achievement.

What mountains can be seen during Yala Peak Climbing?

During Yala Peak Climbing, climbers can enjoy spectacular views of Langtang Lirung, Ganesh Himal, Naya Kanga, Dorje Lakpa, Gangchempo, and Shishapangma, creating one of the most rewarding panoramas in the Langtang region.

Address

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