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Cross Culture Trip in Nepal

URL: <https://nepalbasecamptreks.com/trip/cross-culture-trip-in-nepal/>

Trip Code

NBT 014

Destination

Nepal

Start / End Point

Kathmandu to Kathmandu

Duration

12

Per Person From

USD 1,480

Accommodation

Homestay/Local Basis

Max. Altitude

1500 m / 4920 ft

Nature Of Trek

Lodge to Lodge Trekking

Best Season

Octo, Dec, Feb, April

Activity Per Day

4-6 Hours

Transportation

Private Jeep/Buses

Homestay/Local Basis

Breakfast, Lunch, and Dinner

Easy

Trip Highlight For Cross Culture Trip In Nepal

- Explore iconic landmarks like Pashupatinath, Boudhanath Stupa, and Swayambhunath (Monkey Temple).
- Meet and interact with students at Living Hope Church Mulpani and Tawal village.
- Enjoy a picturesque drive through rural Nepal via Dhading to Salyantar. Camp under the Stars in Salyantar, experiencing traditional Nepalese hospitality.
- Visit Chimchok village and a newly established church, fostering connections with locals.
- Scenic hike to Tawal village, the birthplace of Lako Lama, the region's first Christian.
- Experience a thrilling flight from Pokhara to Kathmandu with panoramic views of the Himalayas.

Cross Culture Trip in Nepal

Cross Culture Trip in Nepal is not just an adventure; it's a journey into a land rich with history, diverse cultures, and stunning landscapes. For Christians, it offers a unique opportunity to witness God's creation in its most majestic form, engage with people of different beliefs, and connect with the vibrant Christian community in a predominantly Hindu and Buddhist nation.

Though small, the Christian community in Nepal is vibrant and growing, having endured challenges with faith and perseverance. Visiting local churches, attending worship services, and participating in ministry activities offer mutual encouragement and a chance to understand the unique challenges faced by believers in Nepal.

Service lies at the heart of Christian mission. This trip offers opportunities to support local Christian leaders, assist with community projects, and share your testimony. Learning from the resilience and faith of local believers can provide fresh perspectives and strengthen your own spiritual journey.

Nepal's natural beauty, from the towering Himalayas to lush valleys, serves as a powerful reminder of God's grandeur. Trekking through these landscapes not only allows for reflection on God's creation but also brings you closer to local communities, offering further opportunities to share your faith and learn from the simplicity and joy of rural life.

This trip has the potential to be transformative. The experiences and challenges you encounter can lead to profound spiritual growth. Daily reflection and prayer will help you process these experiences, drawing you closer to God and shaping your faith for the future.

Conclusion : A cross-cultural trip to Nepal is more than a journey; it's a pilgrimage that combines cultural immersion with spiritual enrichment. By engaging with the local community, serving others, and experiencing the beauty of God's creation, you will return home with a deeper understanding of God's work in the world and a renewed commitment to your faith. Whether you're supporting local ministries, sharing the Gospel, or learning from the people you meet, this trip promises to be a life-changing experience for everyone involved.

Meet Your Guide: Lako Lama

Lako had been serving as a professional guide for more than a decade in the popular highest altitude of the mighty Himalayas Everest Regions and many other regions of Nepal. As a big lover of Jesus Christ, God is using me to raise the emerging leaders who are ready to take the good news of Jesus Christ. My goal is to help you process your own journey and brainstorm ideas for taking your life and relationships to the next level. Join me for refreshment, adventure, to give your ideas for the gospel and whole life development.

Benefits of the Cross Culture Trip to Nepal:

1. Gain mentoring and leadership input.
2. Rest, refresh, and renew in a beautiful, natural environment.
3. Have fun in a stress-free atmosphere far away from work.
4. To Encounter God's Heart for the Nations
5. To Bless and Be Blessed

Make this your best trip ever enjoy a stress-free adventure with all your meals, accommodations, and

transportation provided. Engage with a nation where God is tremendously working through His people to save new souls into His kingdom. This adventure is not only designed just to see the natural beauty but more than that to see the life changing refreshment experiences for everyone who felt God has called for His great commission. At this journey you will feel spiritually rested and more connected with God so that you will be able to do what God has called you to do in the ministry. Not only that as a follower of Jesus Christ, we can sense God's presence and hear His voice more clearly in the mountains than anywhere else

Detail Itinerary For Cross Culture Trip In Nepal

Day 01: Arrival in Kathmandu

Upon arrival at Tribhuvan International Airport in Kathmandu, a friendly company representative will greet you and drive you to your hotel, which is about a 30-minute away, depending on traffic. After settling in and taking a short rest, there will be an introductory session where you'll learn about Nepal. Later in the evening, we'll take a brief walk to a nearby local restaurant for dinner. This relaxed evening will help you adjust to any jet lag, staying at the selected Hotel in Kathmandu.

Highest Altitude:

Kathmandu (1,300 m / 4,265 ft)

Meals:

Welcome Dinner

Accommodations:

3 star Hotel in Kathmandu

Day 02: Kathmandu Sightseeing

After a hearty breakfast, we'll embark on a journey through some of Kathmandu Valley's most iconic landmarks. Depending on your interest, we will explore a mix of Hindu temples and monasteries, immersing ourselves in the rich spiritual heritage of the region.

Our adventure continues with a guided tour of Patan Durbar Square, where we'll delve into the ancient city's vibrant history, culture, and stunning architecture. During the day, we'll also have the special opportunity to meet and interact with Bible School students in Kathmandu, offering a unique glimpse into the local Christian community.

We'll conclude the day with a return to the International Hotel, where you can relax and reflect on the day's experiences.

Trek Distance:

Local travel

Trek Duration

Full-day tour

Highest Altitude:

Kathmandu (1,300 m / 4,265 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

3 star Hotel in Kathmandu

Day 03: Kathmandu (1,300 m / 4,265 ft) to Chimchok Village (1,430 m / 4,691 ft) via Dhading Bensi (612 m / 2,008 ft)

After a satisfying breakfast in Kathmandu, we'll embark on a scenic drive towards Chimchok via Dhading. The first part of our journey will take us along a smooth, paved road to Tarebensi via Dhading Bensi, which will last approximately 5 hours. From there, we'll continue on a picturesque route for about 3 hours until we reach Chimchok Village. Along the way, you'll experience the authentic beauty of rural Nepal and the warm hospitality of its people. You will spend the night in comfortable tents reminiscent of ancient times under the starlit sky.

Chimchok is a picturesque village located atop a hill, Chimchok offers breathtaking views of the majestic Ganesh Himal and Manaslu ranges, making it a serene escape for nature lovers and trekkers alike.

The village is known for its unique landscape, where visitors can witness the stunning vistas from the top of Larche Danda.

With a population of approximately 1,000 people, Chimchok is a small but vibrant community. The residents predominantly belong to the Tamang Majority and very few of Biswokarma ethnic groups, and about 6% of the population identifies as Christian.

The locals, intrigued by new faces, especially those with fair complexions, will extend a warm welcome. They will engage with you and be friendly, even if there is a language barrier. This is a wonderful opportunity to experience the authentic daily life of Nepalese villagers and gain insight into their way of living and survival.

Trek Distance:

130 km / 81 miles Drive

Trek Duration

6-7 hours drive (partly off-road)

Highest Altitude:

Chimchok Village (1,430 m / 4,691 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Home Stay/ Tent in Chimchok Village

Day 04: Program at Chimchok Church, then drive to Tawal Village (1,700 m / 5,577 ft)

Early in the morning, you will be taken to Larche Danda to enjoy a breathtaking sunrise view of Mt. Ganesh and Manaslu. Following this, you'll have breakfast, and then the day's program at the local church will commence. This church building was established through the support of Rev. Dan Winters from the Jesus Saves network in the USA. During the church program, you will have the opportunity to

share your personal reflections and words of encouragement with the believers in Chimchok.

After lunch, we will drive to Tawal Village, the birthplace of Lako Lama. En route to Tawal, you will encounter the stunning Taprang River gorge and its cascading waterfall, which originates from the top of Lumucha Hill. As we continue our journey, we will pass through Latap Village, where you can catch a glimpse of the village of Tawal.

Upon arrival, you will spend the night camping on the grounds of Tawal Church, staying in a tent reminiscent of the tents used by our forefather Abraham in ancient times.

Trek Distance:

15 km / 9 miles (rough road)

Trek Duration

1-2 hours drive

Highest Altitude:

Tawal Village (1,700 m / 5,577 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Homestay/ Tent in Tawal Village

Day 05 & 06 : Rest and Church Program in Tawal Village (1,700 m / 5,577 ft)

Tawal holds historical significance as the birthplace of Lako Lama, who was raised in Buddhist rituals until the age of 15. Lako often shares how God rescued him from the depths of despair and brought him into the kingdom of heaven in 2003. Additionally, Tawal is home to the first Bible school center established by the Jesus Saves Network, supported by donors from the USA.

Tawal is a village of about 1,200 people, predominantly belonging to the Tamang ethnic group, with a small number of Biswokarma residents. Approximately 50% of the population identifies as Christian. This diversity enriches the cultural fabric of the village, where traditional customs and communal harmony coexist.

After breakfast, you will join a full-day program at the church. We can arrange any type of program based on your and your team's schedule. This village is home to many believers who hunger for the Word of God.

Historical Record of Tawal

In 2002, Tawal experienced a significant spiritual awakening that would forever change the lives of 33 young individuals. During this time, a sister named Yo Maya and a brother named Som felt a divine calling to travel to Tawal and organize a gospel revival meeting. Moved by the Holy Spirit, they faithfully responded to this call, leading to a remarkable event where 33 young men and women from Tawal chose to embrace Christianity as they were drawn closer to God.

However, their newfound faith was met with severe challenges. Many of these young believers faced intense persecution, with Lako Lama enduring particularly harsh trials due to his prominent Buddhist family background.

Despite these difficulties, the influence of these 33 individuals began to spread across various regions of

Nepal. Today, many of them serve as evangelists, pastors, and trainers, passionately sharing the message of Christ. Their extraordinary transformation stands as a powerful testament to God's work through those who come from even the most remote parts of Nepal.

Tawal is a unique village where the population is equally divided between Buddhists and Christians. The villagers predominantly follow Tamang cultural practices, which are deeply rooted in their daily lives. Despite the religious diversity, there is a strong sense of community in Tawal. The local Christian and Buddhist communities coexist peacefully, contributing to social works and cultural activities together.

Christianity has a significant presence in Tawal, with an established Christian community and local church. The Gospel was first introduced to Tawal about 30 years ago by believers from Kutal village, leading to a flourishing Christian community today. Local Christian leaders play an active role in both the spiritual and social life of the village.

Trek Distance:

Local village walk

Trek Duration

Full-day activities

Highest Altitude:

Tawal Village (1,700 m / 5,577 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Home Stay / Tent in Tawal Village

Day 07: Tawal (1,700 m / 5,577 ft) to Dhading Bensi (612 m / 2,008 ft)

After enjoying our last breakfast in the countryside, we will leave Tawal Village and head to Dhading headquarters for a one-day Youth/Leadership Conference. The drive from Tawal takes about four hours by private vehicle. Upon arrival, you will check into a comfortable hotel. After some refreshment, we will have lunch, followed by a time to rest and prepare for the next day's program at the church with Bible School leaders and students.

Trek Distance:

90 km / 56 miles

Trek Duration

5-6 hours by drive

Highest Altitude:

Dhading Bensi (612 m / 2,008 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Home Stay / Tent in Dhading Bensi

Day 08: One-Day Conference in Dhading Bensi (612 m / 2,008 ft)

After a hearty breakfast, we'll dive into a day of enriching fellowship with students from the Bible School in Dhading. This will be a time of vibrant connection and sharing with young English-speaking believers

at the local church. Together, we'll engage in uplifting songs, heartfelt prayers, and inspiring discussions about our faith journeys. The day promises to be fruitful as we spend quality time with the leaders and Bible school students. As the day winds down, we'll return to IK Hotel in Dhading Bensi for a restful night.

Trek Distance:

Local

Trek Duration

Full-day event

Highest Altitude:

Dhading Bensi (612 m / 2,008 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Home Stay / Tent in Dhading Bensi

Day 09: Dhading Bensi (612 m / 2,008 ft) to Pokhara (900 m / 2,953 ft)

Today, after breakfast in Dhading Bensi, we will drive to Pokhara, Nepal's second largest and most beautiful city. On the way to Pokhara city, you will have the opportunity to see the animated rush of the meandering rivers by the highway.

We will follow the highway through beautiful rivers, hills, and small Nepalese settlements. The drive will take about 5 hours to drop us in Pokhara. Pokhara has enormous natural beauty, a breathtaking panoramic vista of snow-fed mountains and crystal clear lakes with the reflection of mountains on them. You are welcome to Pokhara, the most beautiful city in Nepal—Check-in at Hotel City Inn. After refreshment you will have plenty of options to spend the day being on the lakeside of Pokhara. This enchanting city, cradled by the majestic Annapurna mountain range, offers a breathtaking blend of natural beauty, tranquility, and adventure, making it like a paradise for the travelers.

Trek Distance:

150 km / 93 miles

Trek Duration

6-7 hours by Drive

Highest Altitude:

Pokhara (822 m / 2,697 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Hotel in Pokhara

Day 10: Acclimatization and Rest Day in Pokhara (900 m / 2,953 ft)

Our day begins early with a drive to Sarangkot Hill to witness the sunrise over the Himalayas. The sunrise view from Sarangkot is a highlight of any visit to Pokhara, offering a breathtaking moment that lingers long after the sun has risen. It provides a lasting sense of awe and a deep appreciation for the natural splendor of Nepal.

After breakfast, we will spend the full day sightseeing in Pokhara. We'll start by enjoying a leisurely walk along the banks of Phewa Lake, where you can admire the stunning reflection of the Fish Tail Peak in its clear blue waters. We'll also take a boat ride around Phewa Lake, Nepal's second-largest lake. Following that, we'll visit the World Peace Pagoda for panoramic views and tranquility.

Other highlights of the day include exploring Devi's Fall and the Mountain Museum as time allows. In the evening, we'll return to our accommodation at Hotel City Inn in Pokhara for a restful night.

Trek Distance:

Local walk or Optional boating

Trek Duration

Leisure day

Highest Altitude:

Pokhara (900 m / 2,953 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Hotel in Pokhara

Day 11: Fly back to Kathmandu from Pokhara.

Today marks our return journey to Kathmandu via a short domestic flight offering spectacular Himalayas views. Seated on the plane's left side, we'll enjoy panoramic vistas that promise a thrilling experience. Upon landing in Kathmandu, you can unwind at the hotel or explore the bustling city for some last-minute shopping and souvenirs. In the evening, we'll gather for a delightful dinner together and celebrate the success and memories of our journey.

Trek Distance:

201 km / 125 miles Distance

Flight Hours:

25-minute flight

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

3 star Hotel in Kathmandu

Day 12: Final International departure homeward bound

On our last day in Nepal, reflecting on our experiences trekking through the Annapurna Himalayas and witnessing the sunrise from Sarangkot View Point, our team will accompany you to Kathmandu International Airport. It's a bittersweet farewell filled with cherished moments of adventure. As you prepare for your flight back home or to your respective countries, you carry the warmth of Nepalese hospitality and the camaraderie forged during our time together.

Trek Distance:

Airport Transfer

Trek Duration

As per flight schedule

Meals:

Breakfast

What's Included in Cross Culture Trip

- All Airport pick up/ drop off
- Domestic flight fare (Pokhara-Kathmandu)
- Meals: Breakfast, Lunch, and Dinner with tea/coffee.
- All hotels/lodgings are available during the trek and in Pokhara and Kathmandu.
- Trekking Permits.
- One English-speaking guide from Kathmandu to Kathmandu with all his expenses.
- All local entrance fees.
- One Porter for each of two clients during the trek. All their food, Salary Trekking insurance etc.
- Trekking insurance for Guide.
- Government vat and company service charges
- Private transportation from Pokhara to Hille and Ghandruk Bensi to Pokhara. Transportations for
- Sightseeing in Kathmandu and Pokhara.
- All the sightseeing entrance fees in Kathmandu and Pokhara.
- Drinking water (Bottles of Water) in Kathmandu and Pokhara. And Purified water during the trek.
- Some equipment such as sleeping back, brown Jacket, Trekking Map, Trekking Pole Etc

What's excluded in Cross Culture Trip

- Additional size of Pots Hot Drinks during the tour
- Hot shower, Wi-Fi, and Personal expenses any type
- Your Travel insurance , Tipping for Guide, and Porter

Group Discounts Available

No. of Persons	Price per Person
1 - 2	USD 1,500
3 - 5	USD 1,480
6 - 10	USD 1,450

What Can We Do in Pokhara?

Pokhara is the best place for nature lovers, offering many adventurous activities. One of the must-do activities in Pokhara is a sunrise visit to Sarangkot Hill, where you can witness the breathtaking sunrise over the Annapurna and Dhaulagiri mountain ranges. Following this, a stroll along the serene Phewa Lake, where the reflection of the majestic Fish Tail Peak dances on the water's surface, is an experience not to be missed.

Boating on Phewa Lake provides a tranquil escape and an opportunity to visit the Tal Barahi Temple on an island in the lake's center. If you are stopping by Pokhara and looking for some of the best adventurous options, bungee jumping can be perfect. Similarly, you can also go for paragliding and see the stunning aerial views of a scenic river gorge. Pokhara is also famous for its many hiking trails, which you can explore.

Major Landmarks of Kathmandu Valley

Kathmandu Durbar Square: A UNESCO World Heritage Site, it's a complex of palaces, courtyards, and temples dating back to the medieval period, showcasing Newar architecture.

Swayambhunath Stupa (Monkey Temple): This stupa is an ancient religious complex atop a hill west of Kathmandu, known for its iconic stupa adorned with Buddha's eyes and prayer flags.

Boudhanath Stupa: One of the largest stupas in Nepal and a focal point of Tibetan Buddhism, with a massive mandala-shaped structure and a bustling atmosphere of pilgrims and monasteries.

Pashupatinath Temple: It is a sacred Hindu temple complex along the Bagmati River, dedicated to Lord Shiva. It's a significant pilgrimage site and features intricate pagoda-style architecture.

Patan Durbar Square: Located in Lalitpur (Patan), this square is another UNESCO World Heritage Site renowned for its well-preserved Newar architecture, temples, and palaces.

Bhaktapur Durbar Square: Situated in Bhaktapur, this square is famous for its ancient Newar architecture, including the 55-Window Palace and the Nyatapola Temple, one of the tallest pagoda-style temples in Nepal.

Changunarayan Temple: Changunarayan is an ancient Hindu temple dedicated to Lord Vishnu, known for its intricate stone carvings and historical importance.

Garden of Dreams: It is a serene neo-classical garden in the heart of Kathmandu. The place offers a peaceful retreat with European-inspired architecture and lush greenery.

Meals

During our cross-culture trek, various teahouses along the route provide you with meals. These meals typically include multiple options to replenish our energy after each day of trekking.

Breakfasts often consist of eggs (boiled or fried), toast, porridge, pancakes, and hot drinks like tea or coffee. Lunches usually feature hearty dishes like noodles, rice, pasta, or sandwiches. Dinners are a chance to enjoy a hot meal, typically including rice or potatoes, vegetables, and meat (often chicken or yak).

Vegetarian options are also widely available. Throughout the trek, it's essential to stay hydrated to access hot drinks like tea or coffee and clean drinking water. Snacks such as energy bars, nuts, and dried fruits

are advisable to carry for quick energy boosts between meals, especially during breaks along the trail.

Accommodation

During our cross-cultural trip to Nepal, we will stay in a mix of places that suit different tastes and budgets. In Kathmandu, we will find cozy guesthouses in places like Thamel and nicer hotels in quieter spots like Boudhanath and Patan. *These places often have Wi-Fi, private bathrooms, and sometimes restaurants with rooftop views.* Similarly, in Pokhara, we will stay in lakeside resorts, small hotels, or charming guesthouses tucked into the hills.

As we move towards remote places, we will stay at teahouses. *They are cozy and offer basic amenities suited for trekkers.* Rooms typically consist of twin beds with basic bedding (blankets or sleeping bags are often provided. We also recommend you bring your sleeping bag for comfort and warmth). Bathrooms are usually shared and may have squat toilets. The accommodation options may be more basic in higher altitude places than in lower altitude teahouses.

Best Time For Trek

Spring (March to May)

Spring in Nepal is one of the best times for a cross-cultural trip. The warm and pleasant weather makes it ideal for exploring the diverse cultural heritage. During this time, you can enjoy vibrant festivals like Holi, the Festival of Colors, and Bisket Jatra, a traditional celebration in Bhaktapur. The landscapes are lush with blooming flowers. It adds to the scenic beauty of cultural sites and trekking routes.

Summer (June to August)

Summer in Nepal is characterized by the monsoon season, bringing hot weather and heavy rains. While trekking can be challenging due to muddy trails, it's a great time to experience the daily life of locals and visit cultural landmarks. The rain-washed scenery is also incredibly green and refreshing.

Autumn (September to November)

Autumn is considered the best season for a cultural trip to Nepal. The weather is mild, with clear skies offering stunning views of the mountains and landscapes. This period is packed with major festivals like Dashain, Nepal's longest and most significant Hindu festival, and Tihar, Festival of Lights, celebrating the bond between humans and animals.

Winter (December to February)

Winter in Nepal brings cold weather, especially in the mountainous regions, but it is still a good time for cultural tours in lower altitudes. Cultural experiences are enriched by festivals such as Lhosar, the Tibetan New Year, celebrated with traditional songs, dances, and feasts, and Maghe Sankranti, marking

the end of winter and the return of longer days.

Why Book With Us?

Booking a cross-culture trip in Nepal with Nepal Base Camp Trek offers many unique advantages and experiences that make your journey unforgettable. Here's why:

Local Expertise and Support: We employ knowledgeable guides and support staff. They are the ones who have knowledge regarding the locals and help to provide insights into their culture and tradition.

Tailored Itineraries: We provide well-crafted itineraries that balance adventure with cultural immersion. No matter which itinerary you are taking, the customization feature is always available if you are trekking solo or duo.

Comfortable Accommodations: They arrange accommodations in teahouses or lodges that suit trekker needs, ensuring a good night's rest after each day's journey.

Safety and Support: Safety is paramount. Our experienced team ensures proper navigating throughout the trekking routes safely, with plans for any unforeseen circumstances.

Frequently Asked Questions

What is the best time to visit Nepal for a cultural experience?

The best time to visit Nepal for a cultural experience is all season. However, you can travel during Spring and Autumn for better views and the best cultural experience. During this season, you will also witness many cultural festivals such as Dashain, Tihar, and Holi.

What norms should you be aware of when visiting Nepal?

When visiting Nepal, it is essential to be mindful of the following cultural norms. You should avoid wearing revealing outfits. Remember to remove your shoes before entering temples or homes. Also, always greet local people with Namaste by joining your plan together.

What are some must-visit cultural heritage sites in Nepal?

Some must-visit cultural heritage sites in Nepal include Swayambhunath (Monkey Temple), Boudhanath Stupa, Pashupatinath Temple, Durbar Squares of Kathmandu, Patan, and Bhaktapur, Lumbini, and World Peace Pagoda.

What kind of traditional food should I try in Nepal?

When in Nepal, you can try many traditional dishes. It includes dal bhat (lentil soup with rice), momo (dumplings), gundruk (fermented leafy greens), sel roti (rice doughnut), and thukpa (noodle soup). These

dishes blend unique spices and local ingredients of Nepal.

How can I respectfully interact with local communities in Nepal?

You can respectfully interact with local communities in Nepal by learning basic greetings, dressing modestly, and asking permission before taking photos. You can also show interest in their customs, avoid pointing with your finger, and be mindful of religious sites.

Address

Nepal Base Camp Treks Pvt. Ltd

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