



info@nepalbasecamptreks.com
[+977-9851111874](tel:+977-9851111874)

Annapurna Tilicho Lake

URL: <https://nepalbasecamptreks.com/trip/annapurna-tilicho-lake/>

Trip Code

NBT 011

Destination

Nepal

Activity

Treks

Start / End Point

Kathmandu / Kathmandu

Duration

15

Per Person From

USD 1,310

Accommodation

Tea-House / Lodge Basis

Region

Annapurna Region Treks

Max. Altitude

(5,416 m / 17,769 ft)

Nature Of Trek

Lodge to Lodge Trekking

Best Season

September, November, March, May

Activity Per Day

4-6 Hours

Transportation

Express bus and Tourist Bus

Tea-House / Lodge Basis

Breakfast, Lunch, and Dinner

Strenuous

Our "Strenuous" trips are ideal for experienced trekkers and adventurers in good physical shape, featuring challenging terrain, long hikes, significant elevation, and remote locations. Wilderness skills are beneficial.

Trip Highlights

Discover the magic of the Himalayas on the Annapurna Tilicho Lake Trek, a remarkable journey that combines high-altitude adventure, cultural experiences, and spectacular mountain views. From traditional villages to the turquoise waters of Annapurna Tilicho Lake, this trek offers an unforgettable experience for travellers seeking one of Nepal's most rewarding trekking routes.

Highlights of Annapurna Tilicho Lake

- Experience the beauty of Tilicho Lake, located at 4949 meters. It is also the highest lake in the world.
- Cross the challenging Mesokanto La Pass at 5,099 meters, offering incredible panoramic views.
- Interact with the Gurung, Thakali, and Magar communities and learn about their unique cultures.
- Enjoy spectacular views of the Annapurna I, Annapurna II, and Machapuchare.
- Explore the traditional villages of Manang and Khangsar and visit ancient monasteries and cultural heritage.
- Encounter diverse wildlife and lush flora, including rhododendron forests that bloom vibrantly in the spring.

Trip Overview

The Annapurna Tilicho Lake Trek is a challenging high-altitude trek in the Manang district of Nepal. The trekking distance is 55 kilometers (34 mi) from the city of Pokhara. To reach Tilicho Lake, trekkers must cross Mesokanto La at **5,099 meters** and Tilicho Pass at 5,230 meters above sea level. These high passes make the trek quite demanding, even more so than the Everest Three Passes Trek. However, the spectacular scenery and sense of accomplishment are well worth the effort.

Tilicho Lake is situated at an altitude of **4949m** above sea level, which is the main attraction of the Annapurna area. Crossing Tilicho Lake Mesokanto Pass is much harder in the Everest Three Passes Trek. In this trek, the environment is snow-capped mountains. To complete this trek, we need to pass through many beautiful glacier lakes and glacier rivers of the Annapurna region.

The Annapurna Tilicho Lake Trek begins with a **6 to 7-hour** drive from Kathmandu to Besisahar by bus or private vehicle. From Besisahar, the trek follows a scenic route through Ngadi, Jagat, Dharapani, Chame, Pisang, Manang, and Khangsar, finally reaching the beautiful Tilicho Base Camp. The trek ends in Pokhara.

Throughout the journey, we will see the stunning surroundings with snow-capped mountain peaks. Besides that, you can experience the culture and traditions of the people residing there. Gurung, Thakali, and Magar are the region's most residents. Nepal Base Camp Treks (Pvt. Ltd.) is always ready to assist and can organize the trek anytime, fitting it into your holiday schedule.

Annapurna Circuit with Tilicho Lake Trek Itinerary

- Day 01: Kathmandu Arrival and Check-in to the Hotel
- Day 02: Kathmandu Valley Sightseeing Tour
- Day 03: Drive to Besisahar
- Day 04: Drive to Chame
- Day 05: Chame to Pisang
- Day 06: Pisang to Manang
- Day 07: Manang to Khangsar village
- Day 08: Trek to Tilicho base camp

Day 09: Tilicho base camp to Tilicho Lake and back to base camp
Day 10: Trek to Yak Kharka
Day 11: Trek to Thorang Phedi
Day 12: Trek to Muktinath
Day 13: Muktinath to Pokhara
Day 14: Drive from Pokhara to Kathmandu
Day 15: Final Departure

Day 01: Kathmandu Arrival and Check-in to the Hotel

Upon your arrival at Tribhuvan International Airport, representatives from Nepal Base Camp Treks (Pvt. Ltd.) will welcome you and transfer you to your hotel. You will have the rest of the day to rest. Alternatively, you can also explore the local area at your leisure, preparing for the adventure ahead.

Trek Distance:

Transfer to Hotel

Highest Altitude:

Kathmandu (1,300 m / 4,265 ft)

Meals:

Welcome Dinner

Accommodations:

International Guest House in Kathmandu

Day 02: Kathmandu Valley Sightseeing Tour

The first scenic trek starts today. We will explore the main attractions of the Kathmandu Valley. In the morning, we will visit Pashupatinath, the oldest and holiest Hindu temple, followed by Baudddhanath Stupa and Swayambhunath Stupa. After lunch, we will visit Kathmandu Durbar Square and Patan Durbar Square, where we will see the Kumari Temple, the home of the Living Goddess.

Trek Distance:

Local travel within the Valley

Trek Duration

Flexible

Highest Altitude:

Kathmandu (1,300 m / 4,265 ft)

Meals:

Breakfast

Accommodations:

International Guest House in Kathmandu

Day 03: Kathmandu (1,300 m / 4,265 ft) to Besisahar (760 m / 2,493 ft)

On the 3rd day, we will begin our trek towards the Annapurna region of Nepal early in the morning. On the first day, we will drive 6 to 7 hours to Besisahar. During the drive, we will enjoy beautiful views of the countryside and roadside houses. Upon arrival, we will check into a lodge in Besisahar for an overnight stay and have some time to explore the area and relax before your trek begins.

Trek Distance:

175 km / 109 miles (Drive)

Trek Duration

6-7 Hours Drive

Highest Altitude:

Besisahar (760 m / 2,493 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Himalayan Gateway in Besisahar

Day 04: Besisahar (760 m / 2,493 ft) to Chame (2,650 m / 8,694 ft)

From Dharapani, we will continue your trek, ascending through forests of fir and maple. Along the way, we will enjoy stunning views of the Annapurna mountain ranges and the Manaslu and Lamjung peaks. After approximately 5 hours of trekking, we will arrive in Chame at 2,630 meters. The trek will become more challenging as you gain altitude, but the stunning mountain scenery and unique cultural experiences will make it worthwhile.

Trek Distance:

66 km / 41 miles (rough road)

Trek Duration

5-6 Hours (Drive)

Highest Altitude:

Chame (2,650 m / 8,694 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Hotel Himalaya in Chame

Day 05: Chame (2,650 m / 8,694 ft) to Pisang (3,300 m / 10,827 ft)

We will trek for about 6 hours from Chame to Pisang. The trail ascends through deep alpine forests of pine and rhododendron trees and we will cross several suspension bridges over the roaring Marshyangdi River. We will pass through the villages of Talekhu and Bhratang, where we can see traditional Tibetan-style houses made of mud bricks. Before reaching Pisang, the trail has stone steps carved into the mountainside in some sections, which can be dusty in the dry season.

Trek Distance:

14 km / 8.7 miles

Trek Duration

5-6 Hours trek

Highest Altitude:

Pisang (3,300 m / 10,827 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Hotel Mountain Bridge in Pisang

Day 06: Pisang (3,300 m / 10,827 ft) to Manang (3,540 m / 11,614 ft)

From Pisang, we will continue trekking through a high-altitude landscape with scattered scrub bushes and incredible mountain views. We will pass mani stone walls inscribed with Buddhist prayers and get stunning views of Annapurna massif. We will trek through Hongde village, with a unique aviation view tower and a small airstrip. After crossing the Marshyangdi River on a sturdy bridge, we will hike up to the large village of Braga with its historic Buddhist monastery complex before finally reaching Manang.

Trek Distance:

17 km / 10.5 miles

Trek Duration

6-7 hours

Highest Altitude:

Manang (3,540 m / 11,614 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Tilicho Hotel in Manang

Day 07: Manang (3,540 m / 11,614 ft) to Khangsar Village (3,734 m / 12,251 ft)

For our Manang to Tilicho Lake trek, we will follow the course of the Khangsar Khola valley and cross the river over a wooden bridge suspended high above the waters. The trail then climbs steadily up through fields of juniper bushes, and we may see yaks and dzopkies grazing. We will reach Khangsar, a traditional Tibetan village with mud-brick homes, prayer wheels, and a spectacular old monastery dating back centuries.

Trek Distance:

10 km / 6.2 miles

Trek Duration

4-5 Hours

Highest Altitude:

Khangsar Village (3,734 m / 12,251 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Khangsar Guest House in Khangsar Village

Day 08: Khangsar (3,734 m / 12,251 ft) to Tilicho Base Camp (4,150 m / 13,615 ft)

We will leave Khangsar behind and head northwest into the high mountains, with the trail climbing above the forest line into a stark, windswept, rocky landscape. We will pass through a small cluster of seasonal bhakeries (yak herders' huts) before reaching the grassy meadows and yak pastures of Tilicho Base Camp nestled below massive glaciers.

Trek Distance:

8 km / 5 miles

Trek Duration

5-6 Hours

Highest Altitude:

Tilicho Base Camp (4,150 m / 13,615 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Himalayan Paradise in Tilicho Base Camp

Day 09: Tilicho Base Camp (4,150 m / 13,615 ft) to Tilicho Lake (4,919 m / 16,138 ft) and back

Today is the major highlight of the trek day. We will start very early for a strenuous 3-4 hour hike from base camp over loose rocks and moraine debris to finally reach the incredible turquoise waters of Tilicho Lake at 4,919 meters altitude. We will have time to explore the lakeshore, take in the views of the surrounding glaciers clinging to soaring peaks, and perhaps spot some wildlife before returning carefully down to Tilicho Base Camp.

Trek Distance:

12 km / 7.5 miles round trip

Trek Duration

6-7 Hours

Highest Altitude:

Tilicho Lake (4,919 m / 16,138 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Himalayan Paradise in Tilicho Base Camp

Day 10: Tilicho Base Camp (4,150 m / 13,615 ft) to Yak Kharka (4,020 m / 13,189 ft)

On the 13-day trek, we will retrace our steps back down the valley, passing through the same stark, rocky terrain and small clusters of seasonal bakery shelters. Reaching the tree line, we will cross back over the Khangsar Khola River on a wooden bridge and hike through lush meadows and pastures to reach the grazing lands of Yak Kharka.

Trek Distance:

15 km / 9.3 miles

Trek Duration

6-7 Hours

Highest Altitude:

Yak Kharka (4,020 m / 13,189 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Dhading Laxmi Hotel in Yak Kharka

Day 11: Yak Kharka (4,020 m / 13,189 ft) to Thorong Phedi (4,540 m / 14,895 ft)

We will continue our west trek along the Jarsang Khola valley, crossing several small streams from the peaks high above. The trail passes ancient hand-carved rock archways and piles of stone cairns used as trail markers by traders and pilgrims of old. The final steep push takes us uphill, zig-zagging our way to the lodges and tea houses of Thorang Phedi before the big pass crossing.

Trek Distance:

8 km / 5 miles

Trek Duration

3-4 hours

Highest Altitude:

Thorong Phedi (4,540 m / 14,895 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Hotel New Phedi in Thorang Phedi

Day 12: Thorong Phedi (4,540 m / 14,895 ft) to Muktinath (3,760 m / 12,336 ft) via Thorong La Pass (5,416 m / 17,769 ft)

After enjoying breakfast on 15 days at Thorang Phedi, we will embark on the trek towards the holy land of Muktinath. We will get an opportunity to view the towering peaks of Gangapurna, Annapurna, and several other Himalayan giants along the way. The trail undulates with several ups and downs as we cross over the famous Thorang La pass before descending to the sacred village of Muktinath at 3,800 meters. This challenging trek will take around 8 hours.

Trek Distance:

15 km / 9.3 miles

Trek Duration

7-9 hours

Highest Altitude:

Thorong La Pass (5,416 m / 17,769 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

The Best Step Inn in Muktinath

Day 13: Muktinath (3,760 m / 12,336 ft) to Pokhara (900 m / 2,953 ft)

From Jomsom, we will catch an early morning flight that soars over the Annapurna and Dhaulagiri ranges, providing unbeatable views from the air. After landing in Pokhara, we will spend the afternoon touring the Valley's top sites, including David's Falls, the Tibetan Refugee Camp, the Bindabasini Temple, the International Mountain Museum, and scenic Phewa Lake. We'll refuel with delicious local cuisine before overnighting in Pokhara.

Trek Distance:

170 km / 106 miles (drive)

Trek Duration

8-10 hours by vehicle

Highest Altitude:

Pokhara (822 m / 2,697 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Hotel Splendid View in Pokhara

Day 14: Pokhara (900 m / 2,953 ft) to Kathmandu (1,300 m / 4,265 ft) (Optional: Flight)

We will drive back to Kathmandu today, trading mountain scenery for the chaos of Nepal's capital city. Upon arriving in Kathmandu, you can spend the afternoon exploring the markets for last-minute souvenir shopping or revisiting your favorite sites around town. We'll gather the whole trekking team in the evening to celebrate our journey through the Himalayas with a farewell dinner. Overnight in Kathmandu.

Trek Distance:

201 km / 125 miles

Trek Duration

6-8 Hours Drive

Highest Altitude:

Kathmandu (1,300 m / 4,265 ft)

Flight Hours:

25 Minute Flight (Optional)

Meals:

Breakfast, Lunch, and Farewell Dinner

Accommodations:

International Guest House in Kathmandu

Day 19: Final Departure

Our amazing Annapurna Circuit trek comes to an end today. After breakfast, we will transfer you to the airport to catch your international return flight home. It's been an incredible experience trekking together through some of the world's most breathtaking mountain scenery!

Meals:

Breakfast

What's Included in Annapurna Tilicho Lake

- All Airport pick up in Kathmandu by private car
- Kathmandu-Chame-Mukthinath-Pokhara-Kathmandu by sharing a bus
- 3 Nights Hotel Accommodation in Kathmandu with Breakfast
- 1 Nights Hotel Accommodation in Pokhara with Breakfast
- Your Three Meals Per Day (14 Breakfast, 12 Lunch and 13 Dinner)
- All Trekking Permit and Paper work as Annapurna & TIMS
- 11Nights Accommodations in lodge/tea houses during the Trek
- 1 Experienced, helpful, friendly Trekking Guide on Trek.
- Emergency Helicopter Service paid by your Travel insurance
- Medical supplies (first aid kit will be available) with a guide
- All Trekking Insurance of camp staff, taxes & Service charge
- Trekking Equipments like Duffle bag, Sleeping Bag, Down Jackets, Trekking Pole
- **NOTE:** Personal Porter or Sharing Porters Not Included on Package

What's Excluded in Annapurna Tilicho Lake

- Any Deserts (cakes, bakes and pies) during the trek in the mountain
- Additional size of Pots Hot Drinks during the trek in the mountain
- Bottled drinks, Boiled water, Electronic device re-charge
- Hot shower, Wi-Fi, and Personal expenses any type
- Your Travel insurance , Tipping for Guide, and Porter

Group Discounts Available

No. of Persons	Price per Person
1 - 2	USD 1,350
3 - 5	USD 1,330
6 - 9	USD 1,310
10 - 14	USD 1,290
15 - 19	USD 1,270
20 - 30	USD 1,240

Trekking Route and Trial of Annapurna Circuit Trek

with Tilicho Lake

The Annapurna Tilicho Lake Trek starts with a drive from Kathmandu to Besisahar. From Besisahar, you trek to Ngadi, followed by a journey to Jagat. The next destination is Dharapani; from there, you continue to Chame. The trek then takes you from Chame to Pisang and onward to Manang. You spend an extra day in Manang to acclimatize to the altitude.

*After Manang, the trek proceeds to Khangsar, and from Khangsar, you head to Tilicho Base Camp. You will explore Tilicho Lake and return to Base Camp. The journey continues from Tilicho Base Camp to Mesokanto La High Camp, where you prepare to cross the Mesokanto La Pass and reach **Yak Kharka**. From Yak Kharka, the trek takes you to Jomsom. After Jomsom, you fly to Pokhara and spend a rest day there. The trip concludes with a drive back to Kathmandu, followed by a free day for exploring the city and, finally, your departure.*

Major Attraction Of The Trek

Tilicho Lake: Situated at an elevation of 4,919 meters, Annapurna Tilicho Lake is mesmerizing due to its pristine turquoise waters and holds spiritual significance for locals and trekkers alike. It offers a serene and unforgettable sight, surrounded by towering peaks and often dotted with floating icebergs.

Annapurna Range: As you trek through the Annapurna region, you will see close-up views of some of the most iconic peaks. The Annapurna Massif includes peaks like Annapurna I, the 10th highest peak in the world, and other majestic summits like Gangapurna and Machhapuchhre (Fishtail).

Thorong La Pass: This high-altitude pass is the trek's highest point at 5,416 meters. Crossing it is challenging but gratifying as you're greeted with panoramic views of snow-capped peaks stretching in every direction.

Rich Culture: The Annapurna region has diverse ethnic groups, such as Gurungs, Thakalis, and Manangis, each with unique traditions and lifestyles. Trekking through their villages, you will glimpse their rich cultural heritage and warm hospitality.

Varied Landscapes: The trek traverses various landscapes, from lush subtropical forests filled with rhododendron trees (Nepal's national flower) to arid desert-like terrain at higher altitudes. You will pass by new scenery, like waterfalls, deep gorges, and panoramic mountain vistas daily.

Natural beauty and wildlife: The Annapurna region is rich in biodiversity, with diverse flora and fauna. Trekkers may encounter various species of birds, including the colorful Danphe (Himalayan Monal), Himalayan blue sheep, and possibly even snow leopards in the higher regions.

Off-the-Beaten-Path Experience: While the Annapurna Base Camp Trek is more popular, the Annapurna Tilicho Lake Trek offers a more remote and less crowded experience, allowing trekkers to escape the crowds and enjoy a more serene and authentic Himalayan adventure.

Trip Introduction For Annapurna Trek with Tilicho Lake

Annapurna Tilicho Trek is designed for trekkers who are in good physical shape and in good health. Sometimes, Annapurna Tilicho Lake Trek to Jomsom Valley via alternative Mesokanto Pass would be ideal if you wish to take many challenges and trek off the beaten trail. Another option for trekkers with limited experience would be the 16-day Tilicho Base Camp.

Meals During Trek To Annapurna with Tilicho Lake

During the trek, we will provide all meals from a selected menu, while only breakfast is available in Kathmandu. A welcome dinner featuring typical cuisine and a menu-selected farewell dinner will be included. On the trek, the same teahouses or lodges where you spend the night offer breakfast, dinner, and lunch en route to the next destination.

Common menu choices include Nepalese, Tibetan, continental, and Indian cuisines. The food you will eat during the trek provides you with energy. It ensures the strength and stamina to handle the physical demands of the journey. Vegetarian options are widely available, and you can also get specific dietary needs with advance notice.

Accommodations on Annapurna Circuit and Tilicho Lake Trek

Accommodations during the Annapurna Tilicho Lake trek include tea houses and lodges, where trekkers can rest and recharge. In Kathmandu, accommodations provide breakfast only. Throughout the trek, you will stay in various tea houses and lodges that offer basic yet comfortable amenities to ensure a pleasant trekking experience.

These accommodations typically provide cozy beds, warm blankets, and communal dining areas where trekkers can socialize and share their experiences. *Some tea houses also offer hot showers and Wi-Fi,* though these amenities may be limited or unavailable at higher altitudes. It's advisable to bring a sleeping bag and other personal comfort items to enhance your stay.

Why Choose the Annapurna Tilicho Lake Trek?

The Annapurna Tilicho Lake Trek is an excellent choice for trekkers looking to experience both the classic Annapurna region and one of the highest alpine lakes in the world. The journey combines dramatic mountain scenery, traditional Himalayan villages, and the rewarding challenge of reaching Annapurna Tilicho Lake at an elevation of 4,919 metres.

Along the route, trekkers enjoy panoramic views of Annapurna, Gangapurna, Tilicho Peak, and surrounding Himalayan giants. The trek also provides opportunities to experience local culture, visit ancient monasteries, and witness the changing beauty of Nepal's mountain environment. For those seeking a memorable Himalayan adventure, the Annapurna Tilicho Lake Trek offers an exceptional combination of natural beauty and achievement.

Best Time to Travel to Annapurna Tilicho Base Camp Trek

The best time to travel to Annapurna Tilicho Lake Trek is during the spring (March to May) and autumn (September to November) seasons.

The weather is mild and stable in spring, with blooming rhododendron forests and clear skies. This season offers the best view of the surrounding mountains, including the stunning Annapurna range and the sacred Tilicho Lake. Daytime temperatures are comfortable for trekking, although it can still be cold at higher altitudes, especially in the mornings and evenings.

Autumn is another ideal time due to its stable weather conditions and clear views. The temperatures are similar to spring, making trekking during the day pleasant. Autumn also offers the advantage of less crowded trails compared to spring. However, we recommend you avoid the monsoon season (June to August) as heavy rainfall can lead to slippery trails, landslides, and reduced visibility.

Permits Requirement

Permits are necessary for trekking in the Annapurna region, including the Annapurna Tilicho Lake trek. Three main permits are required, each serving a specific purpose and obtainable from designated offices or checkpoints along the trekking route.

TIMS Card (Trekking Information Management System): The TIMS card ensures safety and track tourists in the region. There are two types of TIMS cards: Green (for individual trekkers) and Blue (for organized trekkers in groups). As of 2024, the cost for individual trekkers is approximately NPR 1,000 (around USD 10) per person. You can obtain the TIMS card through the Nepal Tourism Board office in Kathmandu or Pokhara, or from registered trekking agencies.

Annapurna Conservation Area Permit (ACAP): The ACAP is required to enter the Annapurna Conservation Area, which covers most of the trekking route. As of 2024, the cost for foreigners is approximately NPR 3,000 (around USD 30) per person. You can obtain the ACAP permit from the Nepal Tourism Board office in Kathmandu or Pokhara or from the checkpoint in Besisahar if you're starting the trek from there.

Restricted Area Permit (if applicable): If your trekking itinerary includes restricted areas like Upper Mustang or Manaslu, you'll need an additional Restricted Area Permit. This permit is not typically required for the Annapurna Tilicho Lake trek unless you plan to include these restricted areas in your route. The cost and procedures for obtaining a Restricted Area Permit vary depending on the specific area and current regulations.

Physical Condition & Experience Requirements

A good level of physical fitness is essential to embark on the trek to Annapurna Tilicho Lake. You should be capable of walking 6-7 hours (10-15 km) daily on uphill and downhill trails. Cardiovascular endurance and leg strength are significant due to the long and sometimes steep ascents. Prior hiking experience, especially at high altitudes, is beneficial but not mandatory.

Additionally, while technical climbing skills are not necessary for the Annapurna Tilicho Lake trek, essential trekking experience in mountainous terrain will help you navigate the trail more comfortably. If you haven't trekked at high altitudes before, consider starting with shorter hikes to higher elevations to gauge your body's reaction. With proper preparation and a good fitness level, you can enjoy the adventure of trekking to Tilicho Lake safely and comfortably.

Trek Difficulty

The Annapurna Circuit trek to Annapurna Tilicho Lake presents several challenges primarily due to its high altitude, unpredictable weather, long hours of walking, and rugged terrain. Here's a breakdown of the difficulties involved:

High Altitude: Tilicho Lake sits at 4,919 meters (16,138 feet), where altitude sickness can occur with symptoms like headaches and nausea.

Long Days: Expect 5-8 hours of trekking daily over steep, rocky paths, demanding physical endurance.

Rugged Terrain: The trail includes narrow paths, river crossings without bridges, and rocky sections, making it physically challenging.

Altitude Risks: As you climb, air thins, making breathing harder. Proper acclimatization stops are crucial to avoid altitude sickness.

Basic Facilities: Accommodation is basic in tea houses with simple amenities. Clean water and sanitation decrease at higher altitudes.

Why Trek With Nepal Base Camp Trek?

Trekking with **Nepal Base Camp Trek** is a great choice because we are a government-certified company. This means we meet all the safety and quality standards set by the authorities. We offer customized itineraries to fit your schedule and preferences. Whether you want a short trek or a longer adventure, we can tailor the trip to meet your needs. Our team is very experienced and knowledgeable. Our trek guides have trekked these routes many times over many years.

They know the trails, villages, and mountain regions extremely well. They will keep you safe and make your trek memorable by sharing fascinating details about the landscapes, cultures, and wildlife you encounter. When you trek with our company, you can have peace of mind knowing you are in very capable and caring hands. From planning the route to handling permits and logistics, we take care of everything so you can focus entirely on enjoying the breathtaking Himalayan scenery.

Frequently Asked Questions

How difficult is the Annapurna Tilicho Lake Trek?

The Annapurna Tilicho Lake Trek is considered a moderately challenging to demanding trek due to its high altitude, long walking days, and rugged mountain trails. Reaching Annapurna Tilicho Lake and crossing high mountain sections require good physical fitness and proper acclimatisation. With adequate preparation, experienced guidance, and a steady pace, most trekkers can complete the journey safely and comfortably.

How many days are needed for the Annapurna Tilicho Lake Trek?

The Annapurna Tilicho Lake Trek typically takes between 12 and 18 days, depending on the chosen itinerary, acclimatisation schedule, and transportation arrangements. This duration allows trekkers to explore Annapurna Tilicho Lake comfortably while adapting to the increasing altitude.

What is the best time to visit Annapurna Tilicho Lake?

The best time to visit Annapurna Tilicho Lake is during spring (March to May) and autumn (September to November). These seasons offer clear mountain views, pleasant trekking conditions, and stable weather, making the Annapurna Tilicho Lake Trek more enjoyable and rewarding.

Do I need any special permits?

Yes, you will need the Annapurna Conservation Area Permit (ACAP) and the Tilicho Lake Restricted Area Permit to do this trek. Your trekking company will arrange these permits for you before the trek begins.

What kind of accommodation is available?

Most nights will be spent in basic teahouse lodges along the trail, which provide basic twin rooms and meals. At higher altitudes like Tilicho Base Camp, you may need to stay in tented campsites or basic huts. Accommodation is simple but adequate.

Is there a guide or porter required?

While not strictly mandatory, hiring a licensed, experienced guide and porter(s) for the Tilicho Lake trek is highly recommended due to its remote location and high altitude challenges. They will help carry your gear, set up campsites, and safely guide you on the trails.

Do we reach Annapurna Base Camp Trek while taking this trail?

No, we do not reach Annapurna Base Camp while taking the Annapurna Tilicho Peak Lake Trek. As you mentioned, we follow the route of the Annapurna Circuit trek on this trail. The Tilicho Annapurna Circuit allows you to visit the highest lake in the world at an altitude of 4,919 meters, but it does not go to Annapurna Base Camp.

Do I need a guide for the Annapurna Tilicho Lake Trek?

Yes, hiring a licensed guide is recommended for the Annapurna Tilicho Lake Trek. A guide helps with navigation, safety, local insights, and altitude management while enhancing your overall trekking experience in the Annapurna region.

What mountains can be seen during the Annapurna Tilicho Lake Trek?

The Annapurna Tilicho Lake Trek offers stunning views of several Himalayan peaks, including Annapurna I, Annapurna II, Annapurna III, Gangapurna, Tilicho Peak, Chulu East, Chulu West, and Machhapuchhre. These spectacular mountain panoramas are among the highlights of visiting Annapurna Tilicho Lake.

Address

Nepal Base Camp Treks Pvt. Ltd

Address : Ropeway Sadak, Sohrakhutte Nayabazar, Kathmandu, Nepal