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Annapurna Khayer Lake Trek

URL: <https://nepalbasecamptreks.com/trip/annapurna-khayer-lake-trek/>

Trip Code

NBT 010

Destination

Nepal

Activity

Treks

Start / End Point

Kathmandu / Kathmandu

Duration

20

Per Person From

USD 1,550

Accommodation

Tea-House / Lodge Basis

Region

Annapurna Region Treks

Max. Altitude

4,660 m / 15,289 ft

Nature Of Trek

Lodge to Lodge Trekking

Best Season

September, November, March, May

Activity Per Day

4-6 Hours

Transportation

Both way Tourist Bus

Tea-House / Lodge Basis

Breakfast, Lunch, and Dinner

Strenuous

Our "Strenuous" trips are ideal for experienced trekkers and adventurers in good physical shape, featuring challenging terrain, long hikes, significant elevation, and remote locations. Wilderness skills are beneficial.

Trip Highlights

Embark on the unforgettable Annapurna Khayer Lake Trek, a hidden gem in Nepal's Annapurna region that combines spectacular mountain views, cultural encounters, and a rewarding high-altitude adventure. From charming villages and scenic ridges to the sacred waters of Khayer Lake, this trek offers an extraordinary Himalayan experience away from the crowds.

Highlights of Annapurna Khayer Lake Trek

1. Stunning Panoramic Mountain Views

- Breathtaking vistas of **Dhaulagiri (8,167m)**, **Annapurna South (7,219m)**, **Nilgiri, Hiunchuli**, and **Machhapuchhre (Fishtail)**.
- Incredible sunrise and sunset views from **Khopra Ridge**.

2. Sacred Khayer Lake (4,660m)

- A holy pilgrimage site for Hindus, offering a peaceful and spiritual experience at high altitude.
- Situated below Annapurna South and surrounded by raw Himalayan beauty.

3. Less-Crowded, Off-the-Beaten-Path

- A quieter trekking trail compared to Annapurna Base Camp or Poon Hill, ideal for solitude and nature lovers.

4. Cultural Immersion

- Explore traditional **Magar and Gurung villages** like Ghandruk, Swanta, and Tadapani.
- Interact with local communities and experience their warm hospitality and cultural lifestyle.

5. Khopra Ridge (3,660m)

- One of the best ridge viewpoints in the Annapurna region.
- Offers rare views of the **deep Kali Gandaki Gorge**, the world's deepest gorge.

6. Natural Diversity

- Trek through varied landscapes—**rhododendron forests, alpine meadows, yak pastures**, and high mountain ridges.
- Great opportunity for wildlife sightings (e.g., Himalayan Thar, pheasants, musk deer).

7. Optional Hot Springs

- Relax in the **natural hot springs at Tatopani** on the return trail (if route includes it).

8. Moderate Difficulty

- Suitable for trekkers with moderate fitness and some high-altitude trekking experience.
- Can be done as a **teahouse trek**, making it accessible without camping.

Trip Overview

Annapurna Khayer Lake Trek is one of Nepal's most exotic and interesting trekking destinations in N. This trekking trail started in the Annapurna region just some years back. Thus, not many people know about it. With fewer tourists attending each year, this trek is perfect if you want to immerse in the natural beauty of Nepal with a quiet environment. Apart from its natural beauty, you can also explore the traditions and culture of the people there.

Trekking towards this trail, you can view the sky-touching and snow-capped mountains and ranges. Some of the peaks you can witness are:

- Annapurna 8091m
- Annapurna II 7739m
- Annapurna III 7555m
- Annapurna IV 7525m
- Hiunchuli 6441m
- MT. Dhaulagiri 8167m
- Nilgiri 7041m

The trekking route has dense rhododendron forests, diverse landscapes, and terrain. Trekking to this region starts from Pokhara and continues to Dhampus. It is a Short drive. You will follow the route of Dhampus, Tolka, Jhinu Danda, Tadapani, Bhaisi Kharka, Khopra Hill, Jaljala, and finally, the lake of Khayer. Trekking to this is very interesting. Nepal Base Camp Treks (Pvt. Ltd.) is organizing trekking in Annapurna Khayer Lake. We will make a schedule according to your holiday.

Detailed Annapurna Khayer Lake Trek Itinerary

We designed our 20-day itinerary for the Annapurna Khayer Lake Trek for trekkers who are physically fit and healthy. For those seeking more challenges, there are opportunities to explore less-traveled paths. The trek follows a different route than Annapurna Base Camp Trek.

In Kathmandu, we will stay at Hotel International Guest House, and in Pokhara, we will stay at Splendid View. During the trek, accommodation will be in tourist standard teahouses, sharing twin rooms. Single rooms are available in Kathmandu with a supplement.

Nepal Base Camp Treks will arrange rooms with attached washrooms where possible. However, some teahouses along the trek may only have shared washing and toilet facilities. Single rooms are easier to find in Kathmandu and lower elevations. However, the availability of the same feature service is less at higher altitudes.

Day 01: Arrival in Kathmandu (1,300 m / 4,265 ft)

Upon arrival at Tribhuvan International Airport, our representative will warmly welcome you. They will assist you in transferring to your hotel for check-in, ensuring a smooth start to your stay. After settling in at your hotel, you can relax and unwind after your journey. You may explore the immediate surroundings of your hotel in Kathmandu and get acquainted with the city's vibrant atmosphere.

Highest Altitude:

Kathmandu (1,300 m / 4,265 ft)

Meals:

Welcome Dinner

Accommodations:

International Guest House in Kathmandu

Day 02: Full-Day Sightseeing in Kathmandu (1,300 m / 4,265 ft)

Today we will explore the cultural and historical highlights of Kathmandu Valley. In the morning, our tour begins with visits to three UNESCO World Heritage Sites:

- **Pashupatinath Temple:** A sacred Hindu temple complex on the banks of the Bagmati River. It is popular for its stunning architecture and religious significance.
- **Boudhanath Stupa:** One of the largest stupas in Nepal and a center of Tibetan Buddhism. The place is adorned with prayer flags and surrounded by monasteries.
- **Swayambhunath Stupa (Monkey Temple):** Perched atop a hill, this ancient stupa offers panoramic views of Kathmandu city.

After lunch, the tour continues to two more heritage sites:

- **Kathmandu Durbar Square:** A historic square with ancient palaces, courtyards, and temples. It includes the intricately carved Kumari Ghar (home of the Living Goddess).
- **Patan Durbar Square:** It is in Patan (also known as Lalitpur). This square is famous for its well-preserved Newar architecture and cultural heritage.

Trek Distance:

Short drives within valley

Trek Duration

Flexible

Highest Altitude:

Short drives within valley

Meals:

Breakfast

Day 03: Kathmandu (1,300 m / 4,265 ft) to Pokhara (900 m / 2,953 ft) (Optional: Flight)

After breakfast, we will start our trekking journey. We take a scenic drive from Kathmandu to Pokhara. Pokhara is Nepal's second-largest city, surrounded by the beautiful views of Annapurna massif. The road journey takes about 7 hours. It passes through remote villages and terraced fields. Alternatively, we can choose a 30-minute flight to Pokhara. Upon reaching Pokhara, we will have the evening free to explore Lakeside.

Trek Distance:

200 km / 124 miles (Drive)

Trek Duration

7-8 hours Drive

Highest Altitude:

Pokhara (900 m / 2,953 ft)

Flight Hours:

25-Minute Flight (Optional)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Splendid View Hotel in Pokhara

Day 04: Pokhara (900 m / 2,953 ft) to Dhampus (1,650 m / 5,413 ft) via Phedi (1,130 m / 3,707 ft)

After breakfast in Pokhara, we will drive shortly to Pokhara Phedi. From Phedi, your trek to Dhampus starts, going uphill slowly through forests and terraced hillsides. Dhampus sits at 1825 meters. It provides stunning views of the Annapurna and Manaslu. The trek lasts for 5 to 6 hours. It gives you time to adjust to the altitude and enjoy the quiet atmosphere of Dhampus village. We will spend the night in Dhampus, taking in the beautiful mountain scenery.

Trek Distance:

8 km / 5 miles trek

Trek Duration

1.5 hr Drive to Phedi + 3-4 Hours Trek

Highest Altitude:

Dhampus (1,650 m / 5,413 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Green View Guest House in Dhampus

Day 05: Dhampus (1,650 m / 5,413 ft) to Tolka (1,700 m / 5,577 ft)

We will begin our journey on the Dhampus to Tolka trail. This path winds through charming villages mainly populated by Gurung and Magar people, highlighting their rich cultural heritage. The trek covers 13.7 kilometers (8.5 miles). We will pass by Pothana which has a wide, flat pathway that provides stunning views of the Himalayan foothills. Continuing on, the trail slowly goes uphill towards Tolka. This part of the journey takes about 4 to 5 hours.

Trek Distance:

10 km / 6.2 miles

Trek Duration

5-6 hours

Highest Altitude:

Tolka (1,700 m / 5,577 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Namaste Guest House in Tolka

Day 06: Tolka (1,700 m / 5,577 ft) to Jhinu Danda (1,780 m / 5,840 ft)

Starting from Tolka, we will trek towards Jhinu Danda through a beautiful oak forest, reaching Landruk in about 50 minutes. Then, we will descend to a new suspension bridge over the Modi River. After crossing, we will hike uphill for about 1.5 hours to reach Jhinu Danda at 1715 meters. There, you can relax in a nearby hot spring just a short walk from the riverside. We will start our day with a tasty breakfast in Tolka and enjoy the forest views and possible animal sightings as we trek to Jhinu Danda.

Trek Distance:

10 km / 6.2 miles

Trek Duration

5-6 hours

Highest Altitude:

Jhinu Danda (1,780 m / 5,840 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Hot Spring Cottage in Jhinu Danda

Day 07: Jhinu Danda (1,780 m / 5,840 ft) to Tadapani (2,590 m / 8,497 ft)

Jhinu Danda is well-known for its natural hot springs, where we will take a relaxing bath. Afterwards, we will start our journey trek to Tadapani. While taking this trail, the route becomes more scenic and offers stunning surrounding views. With continuous uphill and downhill, we will finally come to Tadapani. It is at 2045 meters. Tonight, we will enjoy a delightful stay in Tadapani, surrounded by the beauty of the mountains.

Trek Distance:

10 km / 6.2 miles

Trek Duration

5-6 hours

Highest Altitude:

Tadapani (2,590 m / 8,497 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Himalaya Guest House in Tadapani

Day 08: Tadapani (2,590 m / 8,497 ft) to Bhaisi Kharka (2,548 m / 8,361 ft)

We will begin our day after a peaceful night in Tadapani. We will head towards Bhaisi Dada with energy from a good breakfast. The trek from Tadapani path goes smoothly through the scenic Bhaisi Kharka region. Bhaisi Kharka is at 1745 meters above sea level. We will spend the night in Bhaisi Kharka. We will enjoy the company of friends in the peaceful surroundings.

Trek Distance:

8 km / 5 miles

Trek Duration

4-5 hours

Highest Altitude:

Bhaisi Kharka (2,548 m / 8,361 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Guest House in Bhaisi Kharka

Day 09: Bhaisi Kharka (2,548 m / 8,361 ft) to Kristibung (2,985 m / 9,793 ft)

We will wake up early at Bhaisi Kharka and begin our trek towards Kristibung along a narrow and scenic path. The route promises several hours of adventure through breathtaking landscapes and picturesque views. Kristibung, nestled at 2985 meters above sea level, offers a peaceful setting where we will spend the night in tents, enjoying the quiet solitude of the mountains.

Trek Distance:

10 km / 6.2 miles

Trek Duration

5-6 hours

Highest Altitude:

Kristibung (2,985 m / 9,793 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Guest House in Kristibung

Day 10: Kristibung (2,985 m / 9,793 ft) to Khopra Phedi (3,640 m / 11,942 ft)

After a refreshing night in our tents at Kristibung, we will set out for a trek to Khopra Phedi. The trek takes about 5 to 6 hours. We will walk through diverse terrain. We will have many chances to see panoramic mountain views. Khopra Danda, at 3350 meters, will be our resting place for the night. We will see the majestic beauty of the Himalayas. Here, we will unwind and enjoy the tranquility of this remote mountain region.

Trek Distance:

7 km / 4.3 miles

Trek Duration

4-5 hours

Highest Altitude:

Khopra Phedi (3,640 m / 11,942 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Guest House in Khopra Phedi

Day 11: Khopra Phedi (3,640 m / 11,942 ft) to Khopra Hill (3,660 m / 12,008 ft)

Today, our trek leads us to the summit of Khopra Hill. Starting from Khopra Phedi, our journey spans about 5 to 6 hours with a steep ascent. As we reach Khopra Hill at an altitude of 4025 meters, we will see stunning views of the surrounding mountains. We will rest and take in the beauty of the landscape before spending a peaceful night at Khopra Hill.

Trek Distance:

3 km / 1.9 miles

Trek Duration

2-3 hours

Highest Altitude:

Khopra Hill (3,660 m / 12,008 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Community Guest House in Khopra Hill

Day 12: Khopra Hill (3,660 m / 12,008 ft) to Jaljala (3,107 m / 10,194 ft)

While some trekkers choose to acclimate at Khopra Hill, we will proceed to Jaljala as outlined in our Nepal Trek itinerary. The descent from Khopra ridge to Jaljala involves passing through a challenging route in varied terrain. Upon reaching Jaljala, we will settle in for the night at a tented camp. Upon reaching here, we will relax and take in the tranquil atmosphere, preparing for the adventures ahead.

Trek Distance:

10 km / 6.2 miles

Trek Duration

5-6 hours

Highest Altitude:

Jaljala (3,107 m / 10,194 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Guest House on Jaljala

Day 13: Jaljala (3,107 m / 10,194 ft) to Khayer Lake (4,660 m / 15,289 ft) and back

Today, we embark from Jaljala towards our destination. Starting early, we ascend steadily towards Khayer Lake, enjoying the increasing altitude and spectacular vistas. Upon reaching Khayer Lake, we will spend quality time soaking in the natural beauty of the lake and its surroundings. Later in the day, we will trek back to Jaljala, where we will spend another night in the tranquility of the mountains.

Trek Distance:

12 km / 7.5 miles round trip

Trek Duration

7-8 hours

Highest Altitude:

Khayer Lake (4,660 m / 15,289 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Guest House in Jaljala

Day 14: Jaljala (3,107 m / 10,194 ft) to Khopra Phedi (3,640 m / 11,942 ft)

From Jaljala, we will commence our return journey towards Khopra Phedi, a trek that offers breathtaking scenery throughout. Although the route back is long, the familiar landscapes and serene mountain views will continue to enchant us. As we descend, the once-challenging paths will feel more manageable and nostalgic. We spend the night at Khopra Phedi, savoring the peaceful ambiance of the mountains under the starlit sky.

Trek Distance:

10 km / 6.2 miles

Trek Duration

5-6 hours

Highest Altitude:

Khopra Phedi (3,640 m / 11,942 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Community Lodge in Khopra Phedi

Day 15: Khopra Phedi (3,640 m / 11,942 ft) to Swanta (2,270 m / 7,447 ft)

Leaving Khopra Phedi, we will follow the trail towards Swanta. We will retrace our steps through familiar terrain. The trek back gives us chances to appreciate the beauty of the Himalayan foothills. We may also encounter friendly locals along the way. As we arrive in Swanta, we will settle in for the night. We will enjoy the warm hospitality of the village. The surroundings are picturesque and peaceful.

Trek Distance:

8 km / 5 miles

Trek Duration

4-5 hours

Highest Altitude:

Swanta (2,270 m / 7,447 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Guest House in Swanta

Day 16: Swanta (2,270 m / 7,447 ft) to Ghorepani (2,874 m / 9,429 ft)

Our journey continues from Swanta. We will make our trek to Ghorepani via the main trail. The trek offers a mix of peace and companionship with other trekkers. We will share stories and experiences from our adventure. Walking through diverse landscapes, we will reach Ghorepani by evening. We will spend our final night there. We will reflect on the incredible journey we have had.

Trek Distance:

6 km / 3.7 miles

Trek Duration

4-5 hours

Highest Altitude:

Ghorepani (2,874 m / 9,429 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Mountain View Hotel in Ghorepani

Day 17: Ghorepani (2,874 m / 9,429 ft) to Tikhedhunga (1,577 m / 5,173 ft) via Poon Hill (3,210 m / 10,531 ft)

Today's adventure begins early. We will ascend to Poon Hill to see the sunrise. The views of Machhapuchhre, Annapurna, Dhaulagiri, and other peaks are panoramic and majestic. After capturing unforgettable moments, we will return to Ghorepani for breakfast. Then, we will descend towards Tikhedhunga. The trail leads us through lush forests and picturesque villages. Along the way, we will enjoy continuous views of the Himalayan landscape. In Tikhedhunga, we will relax and reflect on the beautiful scenery we have seen throughout the day.

Trek Distance:

12 km / 7.5 miles

Trek Duration

6-7 hours

Highest Altitude:

Poon Hill (3,210 m / 10,531 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Chandra Guest House in Tikhedhunga

Day 18: Tikhedhunga (1,577 m / 5,173 ft) to Pokhara (900 m / 2,953 ft) via Nayapul (1,070 m / 3,510 ft)

Descending further from Tikhedhunga, we will follow the trail down to Nayapul, enjoying the sights and sounds of rural Nepal. Upon reaching Nayapul, we will have a satisfying lunch before driving to Pokhara. In Pokhara, we will have the opportunity to unwind by the serene Phewa Lake and explore the vibrant lakeside city. We will spend the evening relaxing and reminiscing about our trekking experiences.

Trek Distance:

9 km / 5.6 miles trek + 42 km / 26 miles drive

Trek Duration

3-4 hours trek + 1.5 hours drive

Highest Altitude:

Pokhara (900 m / 2,953 ft)

Meals:

Breakfast, Lunch, and Dinner

Accommodations:

Splendid View in Pokhara

Day 19: Pokhara (900 m / 2,953 ft) to Kathmandu (1,300 m / 4,265 ft) (Optional: Flight)

We drive back to Kathmandu from Pokhara today. Upon reaching Kathmandu, we can utilize our time for last-minute shopping or explore the city. We celebrate the Farewell Dinner together with the trekking team and spend overnight at the hotel.

Trek Distance:

201 km / 125 miles

Trek Duration

6-8 hours by Drive

Highest Altitude:

Kathmandu (1,300 m / 4,265 ft)

Flight Hours:

25-Minute Flight (Optional)

Meals:

Lunch, Farewell Dinner

Accommodations:

International Guest House in Kathmandu

Day 20: Final Departure

We are saying goodbye to Kathmandu as our journey in Nepal ends today! We will transfer you to the airport for your return flight. Take a safe flight back and cherish the beautiful memories we created together. Hope to see you again.

Meals:

Breakfast

Inclusion on Annapurna Khayer Lake Trek

- All Airport pick up in Kathmandu by private car
- Kathmandu-Chame-Muktinath-Pokhara-Kathmandu by sharing a bus

- 3 Nights Hotel Accommodation in Kathmandu with Breakfast
- 2 Nights Hotel Accommodation in Pokhara with Breakfast
- Your Three Meals Per Day (19 Breakfast, 17 Lunch and 18 Dinner)
- All Trekking Permit and Paper work as Annapurna & TIMS
- 15Nights Accommodations in lodge/tea houses during the Trek
- 1 Experienced, helpful, friendly Trekking Guide on Trek.
- Emergency Helicopter Service paid by your Travel insurance
- Medical supplies (first aid kit will be available) with a guide
- All Trekking Insurance of camp staff, taxes & Service charge
- Trekking Equipments like Duffle bag, Sleeping Bag, Down Jackets, Trekking Pole
- **NOTE:** Personal Porter or Sharing Porters Not Included on Package

Exclusion on Annapurna Khayer Lake Trek

- Any Deserts (cakes, bakes and pies) during the trek in the mountain
- Additional size of Pots Hot Drinks during the trek in the mountain
- Bottled drinks, Boiled water, Electronic device re-charge
- Hot shower, Wi-Fi, and Personal expenses any type
- Your Travel insurance , Tipping for Guide, and Porter

Group Discounts Available

No. of Persons	Price per Person
1 - 2	USD 1,600
3 - 5	USD 1,580
6 - 9	USD 1,550
10 - 14	USD 1,530
15 - 19	USD 1,510
20 - 30	USD 1,470

Trekking Route for Annapurna Khayer Lake Trek

The Annapurna Khayer Lake Trek is a beautiful journey to the Himalayas. This trek's starting point is Nayapul, a small town in Pokhara. *Upon reaching Nayapul, you will trek to Ghandruk.* You pass through dense forests, diverse landscapes, and uphill climbs to reach Ghandruk. You will see the views of mountains like Machhapuchhre and Annapurna South along the way.

From Ghandruk, we will move forward towards Tadapani. The journey includes a mix of ascents and descents through dense forests. From Tadapani, we go towards Bayeli Kharka. This part of the trek involves more uphill climbs as we go higher. You will go through oak and rhododendron forests, the backdrop of the Himalayas.

Finally, we trek from Bayeli Kharka to Khayer Lake. The trail is steep and challenging, with significant ascents. We pass by small streams and meadows. After spending time at the beautiful Annapurna Khayer Lake, we return to Bayeli Kharka. The descent is easier and quicker. The trek continues back through Tadapani, Ghandruk, and finally to Nayapul.

What Are The Major Attractions of This Trek

Khayer Lake: The pristine Khayer Lake is the highlight of the trek. Upon reaching there, you will find a peaceful atmosphere. This is the perfect place if you are looking for relaxation and refreshment, and you will see snow-capped mountain peaks that offer stunning, beautiful views.

Panoramic Mountain Views: We get breathtaking views of the Annapurna and Dhaulagiri mountain ranges throughout the trek. Peaks like Machhapuchhre (Fishtail), Annapurna South, and Nilgiri are particularly striking, providing amazing photo opportunities.

Gurung Villages: Villages like Ghandruk and Tadapani offer a glimpse into the traditional lifestyle of the Gurung people. If you plan on taking a trekking route offering a deep Sherpa cultural immersion, then this trek can be the one. You can experience the unique architecture, local culture, and warm hospitality of people here.

Sunrise at Poon Hill: This trail can also take you to Poon Hill. The area offers you the best sunrise experience in the region. The early morning hike offers you panoramic views of the sun rising over the Annapurna and Dhaulagiri ranges, painting the mountains in golden hues.

Wildlife and Nature: The region is rich in biodiversity. Trekkers might spot various species of birds, langurs, and even elusive animals like the red panda. This can enhance your overall experience for trekking to the Himalayas. Also, do not miss to capture the beauty in your camera

Why Choose the Annapurna Khayer Lake Trek?

The Annapurna Khayer Lake Trek is perfect for travellers seeking a quieter alternative to Nepal's more popular trekking routes. This remarkable journey takes you through traditional mountain villages, dense rhododendron forests, alpine meadows, and high ridges with uninterrupted views of the Annapurna and Dhaulagiri ranges.

One of the standout highlights of the Annapurna Khayer Lake Trek is the opportunity to visit the sacred Khayer Lake, a revered pilgrimage site surrounded by towering Himalayan peaks. Combined with the stunning viewpoints at Khopra Ridge and authentic local culture, this trek delivers an unforgettable experience for nature enthusiasts and adventure seekers alike.

Trek Difficulty

The Annapurna Khayer Lake Trek offers a moderately challenging adventure. The trail goes through diverse terrain and varying altitudes. While most of the path is well-maintained and marked, trekkers should expect some steep climbs and descents. These parts can be physically demanding. The trek's highest point is Khayer Lake, about **4,600 meters (15,092 feet)** above sea level.

The trek usually takes **8-10 days**, depending on the chosen route. Daily hikes range from 4 to 7 hours. Some days, especially those near Khayer Lake, may have longer hikes. A reasonable level of fitness is necessary. Trekkers should be comfortable walking for long periods and ready for changes in altitude and weather conditions. The Himalayan weather can be unpredictable. Temperatures can vary from warm and sunny to chilly and possibly snowy at higher elevations.

Best Time to Travel to Khayer Lake Trek

The best time to travel to Annapurna Khayer Lake Trek is spring and autumn. Spring offers clear skies, blooming flowers, and pleasant temperatures from March to May. This season is great for enjoying the beautiful scenery and mild weather. Similarly, Autumn, from September to November, is another ideal time for this trek. The weather is stable, with clear skies and cool, comfortable temperatures.

During this season, the views of the mountains are spectacular, and the trekking conditions are perfect. It's best to avoid the monsoon season (June to August) due to heavy rain and slippery trails. Winter (December to February) is also not recommended. The extreme cold and snow can make the trek challenging and less enjoyable.

Meals And Accommodation

Accommodations during the trek are in teahouses or guesthouses along the route. These lodges are basic but comfortable. They offer twin or triple rooms with simple bedding and shared bathrooms. Some teahouses may have attached bathrooms with hot showers available for an additional cost. Ensure the higher your altitude, the more amenities you get at a higher price.

You will typically enjoy three meals daily: breakfast, lunch, and dinner. These meals are available at teahouses or guesthouses along the trekking route. Breakfast often includes eggs, toast, porridge, and tea or coffee. Lunch and dinner menus offer various options such as rice, noodles, pasta, potatoes, vegetables, dal (lentil soup), and sometimes meat or fish dishes. Local specialties and snacks like momos (dumplings) are also available.

Physical Condition & Experience Requirements

The 20-day Annapurna Khayer Lake Trek in the Annapurna Region of Nepal is suitable for travelers who can walk 6-7 hours daily. It covers 10-15 kilometers over hilly terrain. It's good to jog in the mornings to prepare for the trek. Also, exercising an hour daily for about a month before starting can be a plus. Involving in some exercise helps you to build stamina and strengthen leg muscles, which are essential for trekking in the Himalayas.

While prior trekking experience in high places is helpful, it's not required. We recommend you do regular physical activities for at least a month. Also, be sure of altitude sickness as you trek to higher altitudes. You need to consult the doctor if you have health issues like heart, lung, or blood problems. Let Nepal Base Camp Treks (Pvt. Ltd.) know about medical conditions before booking. We will make plans accordingly and keep you safe during the trek.

Frequently Asked Questions

Do I need previous trekking experience to do the Khayer Lake Trek in Annapurna Region?

No, previous trekking experience in the Himalayas is not mandatory for the Khayer Lake Trek. However, being in good physical condition and prepared for moderate to strenuous hiking over varied terrain is recommended.

Will there be a guide with us during the Khayer Lake Trek?

Yes, Nepal Base Camp Treks (Pvt. Ltd.) provides experienced guides for all treks. Our guides know the route, safety protocols, and local culture. They enhance your trekking experience and safety without any hassle.

How does acclimatization work during the Annapurna Khayer Lake Trek?

Acclimatization is crucial during high-altitude treks like Khayer Lake, as the itinerary includes gradual altitude gains. Proper acclimatization allows your body to adjust to thinner air and helps you enjoy your trek without any worries.

Is travel insurance necessary for the Annapurna Khayer Lake Trek?

The travel insurance that covers trekking activities up to the maximum altitude of the trek is not mandatory, but we highly recommend it. It includes coverage for medical expenses, emergency evacuation, trip cancellation, and loss of personal belongings.

What type of accommodation can I expect during the Khayer Lake Trek?

Accommodation during the trek will be in teahouses, which are basic but comfortable lodges along the route. Rooms are typically twin-shared with basic amenities. Single rooms are available in lower-altitude

areas but may be limited at higher elevations.

How difficult is the Annapurna Khayer Lake Trek?

The Annapurna Khayer Lake Trek is considered moderately challenging. Trekkers should be prepared for daily walks of several hours, steep ascents, and high-altitude conditions. Good fitness and proper preparation will help ensure a comfortable and enjoyable experience.

How many days does the Annapurna Khayer Lake Trek take?

Most Annapurna Khayer Lake Trek itineraries range from 10 to 20 days, depending on the chosen route, acclimatisation schedule, and additional sightseeing activities included in the trip.

What is the best time for the Annapurna Khayer Lake Trek?

The best seasons for the Annapurna Khayer Lake Trek are spring (March to May) and autumn (September to November). These months offer stable weather, clear mountain views, and comfortable trekking conditions.

Do I need a guide for the Annapurna Khayer Lake Trek?

Hiring a licensed guide for the Annapurna Khayer Lake Trek is highly recommended. A guide can assist with navigation, safety, local knowledge, and altitude management while enhancing your overall trekking experience.

What mountains can be seen during the Annapurna Khayer Lake Trek?

The Annapurna Khayer Lake Trek offers spectacular views of Annapurna South, Dhaulagiri, Nilgiri, Hiunchuli, Machhapuchhre (Fishtail), and several other Himalayan peaks, making it one of the most scenic trekking routes in Nepal.

Address

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